



COACHING TIPS

1. Only 4 registered Coaching Staff are permitted at the Bench during the game, at halftime and at the ending of the game. Please make sure to have each Coaching/Bench Staff complete the Lakeshore Soccer League code of conduct agreement - <https://forms.gle/P2yaKzmEBzoGsaEd9>
2. During the game, Coaching Staff must stay within the Technical Area of the Bench. The Technical Area will be marked out at the sideline with paint and/or cones.
3. If a member of the Coaching Staff receives a Red card, they **must** leave the Technical/Bench Area and surrounding playing field. They must not return to the playing field, even after the conclusion of the game. If needed, another Coach and/or parent may collect the team's soccer equipment. A Red carded Coach should have no further engagement with any of the officials, whether at the field or parking lot after the game.
4. Visiting Team Coaches must be advised of changes of game details by the Home Team Coach no later than 4 PM on game-day, or 3 hours before the start of the game, whichever comes first, to ensure that affected players can also be notified. Games may be rescheduled by the mutual consent of the Home Team Coach and the Visiting Team Coach.
5. Coaches are responsible for the conduct of their Players, Coaching/Bench Staff, Parents, and Spectators. All involved in the game are to demonstrate good behaviour, follow the principles of fair play, respect for others & good sportsmanship.
6. The Under-11 and Under-13 divisions have rules specific to the small-sided game. Substitutions are allowed on any stoppage of play, except penalty and free kicks. The Let Us Play rule and the 4 Up - 1 Up rule also apply at this age level. Please familiarize yourself with both rules in the Lakeshore Rule Book & Operations Manual.
7. In the event that both the Home Team and Visiting Team are deemed by the referee to have uniforms too similar in colour, it is the Home Team's responsibility to arrange for alternate uniforms or pinnies. Teams should check the team info registry to see if other teams may have similar colours prior to the game.
8. For Coaches and Players, Red cards and multiple Yellow cards could result in further disciplinary action, including suspensions and/or club fines. It is the Coach's responsibility to ensure that any suspensions are carried out as per the League's instructions.
9. All reschedules of games must be approved by the Division Convenor. The Convenor will make the appropriate change to the LSL website schedule, which after season start is the definitive schedule, and ensure that the E-Game Sheet functions at the newly rescheduled game.
10. E-Game Sheets must be filled out prior to the commencement of the game. Referees are instructed not to start the game until both teams have completed their E-Game Sheet.